

Exhibit A

**SCHEDULE "H"
FORM OF EXCHANGE NOTICE**

TO: BNY Trust Company of Canada
320 Bay Street, 11th Floor,
Toronto, Ontario M5H 4A6
Attention: Vice-President

Note: All capitalized terms used herein have the meaning ascribed thereto in the Indenture mentioned below, unless otherwise indicated.

Notice is hereby given pursuant to Section 4.9 of the Secured Trust Indenture dated as of March 23, 2016 between ClearStream Energy Services Inc. (formerly known as Tuckamore Capital Management Inc.) (the "**Issuer**") and BNY Trust Company of Canada, as debenture trustee, as supplemented by a first supplemental convertible secured indenture effective as of June 30, 2016 and dated August 11, 2016, and as further supplemented by a second supplemental convertible secured indenture dated and effective as of January 12, 2018 (the "**Indenture**") that the undersigned registered holder of 10.00% Second Lien Secured Convertible Debentures Due March 23, 2026 bearing Certificate No. ● in the principal amount of \$● irrevocably elects to:

(please check only one)

- exchange such Debentures (or \$● principal amount thereof*) in accordance with the terms of the Indenture and tenders herewith the Debentures and directs that the Preferred Shares of the Issuer issuable upon an exchange be issued and delivered to the person indicated below. (If Preferred Shares are to be issued in the name of a person other than the Debentureholder, all requisite transfer taxes must be tendered by the undersigned.)

(Print name in which Preferred Shares are to be issued, delivered and registered)

Name: _____

Address: _____

(City, Province and Postal Code)

If Preferred Shares are to be issued in the name of a person other than the Debentureholder, the signature must be Signature Guaranteed by a Schedule I Canadian chartered bank, a major Canadian trust company or by a member of a recognized Medallion Guarantee Program. The Guarantor must affix a stamp bearing the actual words: "SIGNATURE GUARANTEED".

Name of guarantor: _____

Authorized signature: _____

(*) If less than the full principal amount of the Debentures, indicate in the space provided the principal amount (which must be \$100 or integral multiples thereof).

- exchange such Debentures (or \$● principal amount thereof**) in accordance with the terms of the Indenture and tenders herewith the Debentures and directs that a cheque in the amount of \$ _____*** payable in Canadian funds, less applicable withholding taxes, is issued in the name of the undersigned registered holder of the Debentures and delivered to the address indicated below:

Address: _____

(City, Province and Postal Code)

(**) If the Debentures are surrendered for exchange in accordance with clause (i)(B) of Section 4.9(a) of the Indenture.

(***) The Debenture must be exchanged for a cash amount that does not exceed 100% of the principal amount of Debentures to be exchanged in accordance with Section 4.9 of the Indenture. The undersigned registered holder shall not be entitled to receive any accrued and unpaid interest in respect of any Debentures exchanged hereunder for the period from and including the most recently completed Interest Payment Date up to the date hereof.

Dated: _____

(Signature of Registered Debentureholder)